



January 27, 2020

Dear Participants, Family Members, and Friends:

Las Trampas is closely monitoring the Novel Coronavirus (COVID-19) situation including the steps being taken by Contra Costa County Health Services, California Department of Public Health, and the Federal Centers for Disease Control and Prevention in responding regarding COVID-19 in the United States. **At this time, our facilities will remain open and continue to provide services.**

While the likelihood of infection is low, Contra Costa Health has created a **Novel Coronavirus webpage** to provide county residents with the latest information (<https://cchealth.org/coronavirus/>). You can also download a **Novel Coronavirus fact sheet** <https://cchealth.org/coronavirus/pdf/FAQ.pdf>). In addition, you can visit the California Department of Public Health's Novel Coronavirus website (<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/nCOV2019.aspx>) and the Centers for Disease Control and Prevention's website (<https://www.cdc.gov/coronavirus/2019-ncov/index.html>) for more information on COVID-19.

**We ask that you follow all preventative measures by practicing good hygiene habits both at home and when visiting any Las Trampas facility.** According to Contra Costa Health Services, the best way to reduce your risk of becoming infected with a respiratory virus, such as COVID-19, is to practice good hygiene:

- Wash your hands frequently with soap and water for at least 20 seconds
- Use an alcohol-based hand sanitizer when soap and water is not available
- People who are sick should always cover their coughs and sneezes using a tissue or the crook of their elbow; wash your hands after using a tissue to wipe your nose or mouth
- People who are sick should stay home from work or school until they are well
- Avoid touching your eyes, nose or mouth with your unwashed hands

**For the protection of all, Las Trampas' day program management will reach out to identified contacts and request immediate transportation home for participants that show signs and symptoms of any communicable disease or infection.**

Las Trampas remains committed to providing healthy environments for those served including ensuring that all staff are trained in universal precautions practices and ensuring that surfaces, doorknobs, and vehicles are disinfected frequently throughout the day at all program sites. We are also ensuring that there is hand sanitizer available when handwashing facilities are not available and reminding all staff about the importance of frequent hand washing and good hygiene.

Sincerely,

Daniel L. Hogue, Executive Director